

# Reiki I For Personal Empowerment



**Reiki I for Personal Empowerment is the foundational course of Reiki. You will learn the Usui Reiki method in this self guided course.**

## **Who is This Course For:**

**This course is for you if you are ready to start your Reiki I journey now. You want the flexibility to study Reiki anytime, anywhere.**

## **Why You Should Study Reiki I**

- **Learn Reiki now and start healing yourself.**
- **Perform Reiki on yourself any day, anytime, anywhere**
- **Raise your vibration.**
- **Increase your intuition**
- **Learn how you can perform Reiki even in a few minutes**
- **Have energy healing at the palm of your hands**
- **Use Reiki I to prepare yourself for Reiki II training**
- **Heal your mind, body and spirit**
- **Save money! DIY Your own Reiki Healing Program for yourself.**
- **You don't have to search for an in person course. Start right away at Healing Arts.**

**[healingartshealthandwellness.com](http://healingartshealthandwellness.com)**